**BREAKFAST**

- Cinnamon Beans GF Baked
- Tomatoes Belgian Waffles
- Huevos Bowl Parmesan Waffles Eggs: Scrambled to order Fried GF
- Peachy Pancakes Eggs: Scrambled, Herd Killed, Fried to Order GF
- Ham Brown Potatoes Eggs: Scrambled, Fried to order GF *RWA Park Sausage Links GF*
- Bacon Brown Potatoes Turkey Bacon Turkey Sausage Links GF
- Crispy Bacon GF
- Ham Brown Potatoes Hash Brown Potatoes
- Ham Waffles Waffles Meatless Waffles
- Meatless Egg Muffin CLT Croissant (cheese, lettuce, tomato)

**LUNCH**

- Interactive Caesar Salad GF Portobello Provolone Panini
- Cheesecake and Spinach V GF Southwest Beans V GF
- Chicken Biscuit GF Saffron Rice V GF
- Four Cheese Tortellini Bake Spinach Artichoke Dip and Feta
- Tomato Basil Galette Fresh Fries
- Fresh Market Vegetable GF V Mashed Potato GF
- Gravy Roasted Cubed Sweet Potatoes V GF
- Roasted Baked Haddock Sides Potato Fries
- Poached Egg GF

**DINNER**

- Pasta Bar V GF Chef's Choice Interactive
- Asian Style Beef Short Ribs GF Shish Shish V GF
- BBQ Chicken Wings Chick'n Fries V GF
- Italian Sausage and Fennel Bake Quinoa Stuffed Peppers V GF
- Navy Bean Curry with Kale GF Saag and Panneer GF
- Roasted Chicken Breast GF Bloomed Bacon Potato V GF
- Beef Burgers V GF
- Japanese Beef Short Rib GF Salty Sweet Shrimp GF
- Roasted Bok Choy V GF Roasted Cauliflower GF
- Garlic Bread

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**MENU CYCLE 1**

**MONDAY**

- Apple Cinnamon Oatmeal V
- Chicken Congee Hot Quinoa & Oat Cereal V
- Baked Beans GF
- Baked Banana Oatmeal

**TUESDAY**

- Cheese Omelets GF Provencale Tomatoes
- Belgian Waffles
- Eggs: Scrambled & Fried to order GF
- Eggs: Scrambled, Herd Killed, Fried to Order GF
- Crispy Bacon GF
- Crispy Bacon GF
- Turkey Bacon Turkey Sausage Links GF
- Hash Brown Potatoes Hash Brown Potatoes
- Sweat Potato Breakfast Hash V GF
- Hash Brown Potatoes

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**WEDNESDAY**

- Leek & Parmesan Danish Belgian Waffles
- Eggs: Scrambled & Fried to order GF
- Eggs: Scrambled, Herd Killed, Fried to Order GF
- Crispy Bacon GF
- Crispy Bacon GF
- Turkey Bacon Turkey Sausage Links GF
- Hash Brown Potatoes Hash Brown Potatoes
- Sweat Potato Breakfast Hash V GF
- Hash Brown Potatoes

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**THURSDAY**

- Texas Toast Blueberry Pancakes
- Eggs: Scrambled, Fried to order GF
- *RWA Park Sausage Links GF*
- Pomegranate Bacon Pea Pancake Biscuit
- Turkey Bacon Turkey Sausage Links GF
- Ham Brown Potatoes Hash Brown Potatoes
- Ham Waffles Waffles Meatless Waffles
- Meatless Egg Muffin CLT Croissant (cheese, lettuce, tomato)

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**FRIDAY**

- Leek & Parmesan Danish Belgian Waffles
- Eggs: Scrambled & Fried to order GF
- Eggs: Scrambled, Herd Killed, Fried to Order GF
- Crispy Bacon GF
- Crispy Bacon GF
- Turkey Bacon Turkey Sausage Links GF
- Hash Brown Potatoes Hash Brown Potatoes
- Sweat Potato Breakfast Hash V GF
- Hash Brown Potatoes

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**SATURDAY**

- Beef Burgers V GF
- Beef Burgers V GF
- Beef Burgers V GF
- Beef Burgers V GF
- Beef Burgers V GF
- Beef Burgers V GF
- Beef Burgers V GF
- Beef Burgers V GF

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**SUNDAY**

- Beef Burgers V GF
- Beef Burgers V GF
- Beef Burgers V GF
- Beef Burgers V GF
- Beef Burgers V GF
- Beef Burgers V GF
- Beef Burgers V GF
- Beef Burgers V GF

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**MENU SUMMARY**

- Meatless
- Poultry
- Pork
- Seafood

- GF - GLUTEN-FREE
- V - VEGAN
- *RWA - Raised WITHOUT Antibiotics

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**2018**

**March 12 - 18**

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**Cycle 1 Menu Schedule 2018**

- Jan 20 - Feb 4
- Mar 12 - 18
- Apr 23 - 29