

MENU CYCLE 1

2018

March 12 - 18

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|--|---|---|---|---|---|
| BREAKFAST <small>Egg Whites Available upon Request Daily</small> | Apple Cinnamon Oatmeal V | Chicken Congee | Hot Quinoa & Oat Cereal V | Baked Beans GF | Baked Banana Oatmeal | | |
| | Cheese Omelets GF | | Provencal Tomatoes | Belgian Waffles | Huevos Rancheros Breakfast Bowl | | |
| | Leek & Parmesan Danish | Leek & Parmesan Danish | Belgian Waffles | Eggs: Scrambled & Fried to order GF | Eggs: Scrambled & Fried to Order GF | | |
| | Texas French Toast | Blueberry Pancakes | Eggs: Scrambled, Fried to order GF | Sweet Potato Breakfast Hash V | Hash Brown Potatoes | | |
| | Eggs: Scrambled, Hard Boiled, Fried to Order GF | Eggs: Scrambled & Fried to Order GF | *RWA Pork Sausage Links GF | Crispy Bacon GF | Crispy Bacon GF | | |
| | Hash Brown Potatoes | Hash Brown Potatoes | Peameal Bacon GF | Turkey Bacon GF | Tyrkey Sausage Links GF | | |
| | Smoked Ham GF | Crispy Bacon GF | Hash Brown Potatoes | Hash Brown Potatoes | Southwest Vegetable Toss V GF | | |
| | Sausage Patty | Turkey Sausage Links GF | Ham Wafflewich | Bacon & Egg Muffin | Buenos Dias Breakfast Sandwich | | |
| | Sausage & Egg Muffin | BLT Croissant (bacon, lettuce, tomato) | Meatless Wafflewich | Meatless Egg Muffin | (Ham, fried egg, pico de gallo, guacamole) | | |
| | Meatless Egg Muffin | CLT Croissant (cheese, lettuce, tomato) | | | (Meat & Meatless) | | |
| LUNCH | Interactive Caesar Salad GF | Interactive Fajita | Interactive Flatbreads | Interactive Grilled Italian Meat Sandwiches | Interactive Waffle | Smoothie Bar GF | Interactive Omelet GF |
| | Portobello Provolone Panini | White Cheddar Mac and Cheese | Middle Eastern Inspired Meatballs | Chicken BLT Pasta Bake | Hand Battered Haddock | Eggs Scrambled GF | Eggs Scrambled GF |
| | Chickpeas and Spinach V GF | Southwest Beans V GF | Four Cheese Tortellini Bake | Sticky Honey Garlic Pork Rib Bites | Chicken Skewer | Crispy Bacon GF | Pork Sausage Links GF |
| | Beef Burgundy Pot Pie | Garlic Biscuit | Spinach Artichoke Dip and Pita | Eggplant Caprese Pizza V GF | Pad Thai V GF | White Rice | Western Skillet |
| | Chicken Chow Mien | Corn Niblets V GF | Saffron Rice V GF | Forager's Pie V GF | Spring Roll | Malibu Vegetable Burger V | Pancakes |
| | Roasted Mediterranean Vegetables V GF | Mexican Summer Squash V GF | Tomato Basil Galette | Fresh Baby Carrots V GF | Rice V GF | Leek, Mushroom and Cheese Frittata GF | Chicken Fingers |
| | Fresh Steamed Broccoli V GF | Mexican Rice V | French Fries | Corn Niblets V GF | French Fries | Beef Burger | Veggie Fingers V |
| | French Fries | Sweet Potato Fries | Fresh Market Vegetable GF V | Mashed Potato GF | Green Beans with Tofu V GF | Baked Beans V GF | Egg Rolls |
| | White Rice V GF | Black Bean and Rice Burrito V | Middle East Feast Fries | Gravy | Roasted Cubed Sweet Potatoes V GF | Market Fresh Vegetables GF V | Mushroom Edamame Fried Rice V GF |
| | | | | | Hand Battered Haddock Sandwich | Fries | Snow Peas and Carrots V GF |
| Pork Teriyaki Sauté | Brazilian Beef Bowl GF | Chicken (or Vegan) Shawarma Bowl V GF | Popcorn Chicken Bowl | Wicked Thai Chicken and Shrimp | Karage Chicken Bowl with Kimchi Slaw | Beef Shanghai Noodles | |
| Pasta Bar V GF | Chef's Choice Interactive | Interactive Burger Bar V | Stir-Fry Bar V GF | | | Salmon Carvery GF | |
| Moroccan Chicken Leg GF | Asian Style Beef Short Ribs GF | Showtime Sushi V GF | BBQ Baby Back Ribs GF | Beef Vidalloo GF | BBQ Pulled Pork Burrito | Chicken Parmesan | |
| Braised Lamb Shank GF | Sweet Chili Chicken Breast GF | BBQ Chicken Wings | Chicken Drumsticks GF | Chipotle BBQ Braised Beef Ribs GF | Pasta with Alfredo or Tomato Sauce V | Roasted Mushroom Ravioli w Sautéed Mushroom and Onion Sauce | |
| Sautéed Haddock GF | Sweet Potato Noodle Stir Fry | Italian Sausage and Fennel Bake | Oven Roasted Basa GF | Roasted Chicken Breast Adobo GF | Meatballs | Chickpeas and Spinach V GF | |
| Moroccan Lentil Stew V | Kimchi Fried Rice GF | Quinoa Stuffed Peppers V | Navy Bean Curry with Kale V GF | Bean and Sweet Potato Ragout V GF | Firecracker Calamari Bites | Braised Beef Shepard's Pie GF | |
| Vegetable Cous Cous Pilaf V | Sticky Spicy Tofu V GF | Mushroom Caprese GF | Saag and Paneer GF | Bloomin Baked Potato GF | Herb Roasted Potatoes V GF | Onion Rings | |
| Mediterranean Style Potato V GF | Kimchi and Pork Dumplings | Twice Baked Potato GF | Bombay Potato V GF | Skillet Chili Lime Corn V GF | Sautéed Button Mushrooms V GF | Roasted Golden Beets V GF | |
| Roasted Butternut Squash w Parsley V GF | Garlic Mashed Red Skins GF | Green Beans V GF | Samosa | Mexican Rice | Mediterranean Vegetable Toss V GF | Wild Rice Medley V | |
| Snap Pea Sauté V GF | Baby Bok Choy V GF | Roasted Squash Wedges V GF | Basmati Rice V GF | | Grilled Tofu with Bruschetta V GF | Mashed Yukon Golds GF | |
| | Tri Colored Baby Carrot Medley V GF | | Roasted Cauliflower V GF | | Garlic Bread | | |
| <i>*After Eight Dining*</i> | <i>*After Eight Dining*</i> | <i>*After Eight Dining*</i> | <i>*After Eight Dining*</i> | <i>*After Eight Dining*</i> | <i>*After Eight Dining*</i> | <i>*After Eight Dining*</i> | <i>*After Eight Dining*</i> |
| Chef's Daily Entrée Feature... | Chef's Daily Entrée Feature... | Chef's Daily Entrée Feature... | Chef's Daily Entrée Feature... | Chef's Daily Entrée Feature... | Chef's Daily Entrée Feature... | Chef's Daily Entrée Feature... | Chef's Daily Entrée Feature... |
| Appetizers & Side Dishes | Appetizers & Side Dishes | Appetizers & Side Dishes | Appetizers & Side Dishes | Appetizers & Side Dishes | Appetizers & Side Dishes | Appetizers & Side Dishes | Appetizers & Side Dishes |
| Signature Hot Sandwich | Signature Hot Sandwich | Signature Hot Sandwich | Signature Hot Sandwich | Signature Hot Sandwich | Signature Hot Sandwich | Signature Hot Sandwich | Signature Hot Sandwich |
| Daily Pizza & Flatbread Feature | Daily Pizza & Flatbread Feature | Daily Pizza & Flatbread Feature | Daily Pizza & Flatbread Feature | Daily Pizza & Flatbread Feature | Daily Pizza & Flatbread Feature | Daily Pizza & Flatbread Feature | Daily Pizza & Flatbread Feature |

MENU SUMMARY

GF - GLUTEN-FREE **V - VEGAN**
***RWA - Raised WITHOUT Antibiotics**

Meatless 54% Seafood 9%
 Poultry 17% Beef 10%
 Pork 10%

Cycle 1 Menu Schedule 2018
 Jan 29 - Feb 4
 Mar 12 - 18
 April 23 - 29