<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steak Cut Oats V</td>
<td>Chicken Chow Mein Congee</td>
<td>Hot Quinoa &amp; Oat Cereal V</td>
<td>Baked Beans GF</td>
<td>Baked Banana Oatmeal</td>
<td></td>
</tr>
<tr>
<td>Apple Cinnamon Oatmeal Bowl V</td>
<td>Cheese Omelets GF</td>
<td>Provencial Tomatoes</td>
<td>Belgian Waffles</td>
<td>Huenos Rancheros</td>
<td></td>
</tr>
<tr>
<td>Escaloped Apples V</td>
<td>Leek &amp; Parmesan Danish</td>
<td>Eggs: Scrambled, Hard Boiled, Fried to order</td>
<td>Sweet Potato Breakfast Hash V</td>
<td>Eggs: Scrambled &amp; Fried to order</td>
<td>Gray</td>
</tr>
<tr>
<td>Texas French Toast</td>
<td>Blueberry Pancakes</td>
<td>Sorghum inside the bowl</td>
<td>Hash Brown Potatoes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Eggs: Scrambled &amp; Fried to Order GF</td>
<td>Eggs: Scrambled &amp; Fried to Order GF</td>
<td>Turkey Bacon GF</td>
<td>Grilled Peameal Bacon GF</td>
<td>Crispy Bacon GF</td>
<td></td>
</tr>
<tr>
<td>Hash Brown Potatoes</td>
<td>*RWA Pork Sausage Links GF</td>
<td>Hash Brown Potatoes</td>
<td>Fire Roasted Cornbread Biscuits</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crispy Bacon GF</td>
<td>Crispy Bacon GF</td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Sausage Patty</td>
<td>Turkey Sausage Links GF</td>
<td>Egg, Ham &amp; Cheese Crepes</td>
<td>Bacon &amp; Egg Muffin</td>
<td>Open Faced Avocado Toasts</td>
<td></td>
</tr>
<tr>
<td>Sausage &amp; Egg Muffin</td>
<td>BLT Multi-Grain Crisnant</td>
<td></td>
<td>Meatless Egg Muffin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meatless Egg Muffin</td>
<td></td>
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</tbody>
</table>

**BREAKFAST**

**LUNCH**

<table>
<thead>
<tr>
<th>Interactive Caesar Salad GF</th>
<th>Interactive Fajita</th>
<th>Interactive Flatbread</th>
<th>Interactive Mufflueta and Grilled Italian Meat Sandwiches</th>
<th>Smoothie Bar GF</th>
<th>Interactive Omelet GF</th>
</tr>
</thead>
<tbody>
<tr>
<td>Portobello Prolouso Panini</td>
<td>Mexican Mac and Cheese</td>
<td>Mediterranean Inspired Beef &amp; Mushroom Meatballs</td>
<td>Chicken BLT Pasta Bake</td>
<td>Hand Batttered Haddock</td>
<td>Eggs Scrambled GF</td>
</tr>
<tr>
<td>Chickpeas and Spinach V GF</td>
<td>Southwest Beans V GF</td>
<td>Four Cheese Tortellini Bake</td>
<td>Sticky Honey Garlic Pork Rib Bites</td>
<td>Bangkok BBQ Chicken Skewer</td>
<td>Creamy Bacon GF</td>
</tr>
<tr>
<td>Sundried Tomato and Basil Sausage GF</td>
<td>Roasted Cornbread Biscuit</td>
<td>Spinach Artichoke Dip and Pita</td>
<td>Eggplant Caprese Pizza</td>
<td>Pad Thai V GF</td>
<td>Park Sausage Links GF</td>
</tr>
<tr>
<td>Penne w Red Peppers, Artichoke and Goat Cheese</td>
<td>Corn Niblets V GF</td>
<td>Saffron Rice V GF</td>
<td>Wholesome Vegetables Shepards Pie</td>
<td>Spring Roll</td>
<td>Multibo Cheeseburger V</td>
</tr>
<tr>
<td>Roasted Mediterranean Vegetables V GF</td>
<td>Mexican Summer Squash V GF</td>
<td>Tomato Basil Tart</td>
<td>Fresh Baby Carrots V GF</td>
<td>Leek, Mushrooms and Cheese Frittata</td>
<td>Chicken Fingers</td>
</tr>
<tr>
<td>Fresh Steamed Broccoli V GF</td>
<td>Mexican Rice V GF</td>
<td>French Fries</td>
<td>French Fries</td>
<td>Farmer’s Sausage Burger</td>
<td>Veggie Fingers V</td>
</tr>
<tr>
<td>Fresh Fries</td>
<td>Sweet Potato Fries</td>
<td>Fresh Market Vegetable GF V</td>
<td>Mashed Potato</td>
<td>Green Beans with Tofu V GF</td>
<td>Baked Beans GF</td>
</tr>
<tr>
<td>White Rice V GF</td>
<td>Black Bean and Rice Burritos V</td>
<td>Middle East Feast</td>
<td>Grey</td>
<td>Roasted Sweet Potatoes V GF</td>
<td>Sautéed Swiss Cheddar V</td>
</tr>
<tr>
<td>Pork Teriyaki Sauce</td>
<td>Brazilian Beef Bowl GF</td>
<td>Chicken (or Vegan) Shawarma Bowl V GF</td>
<td>Popcorn Chicken Bowl</td>
<td>Wicked Thai Chicken and Shrimp</td>
<td>Chicken Chow Mein</td>
</tr>
</tbody>
</table>

**DINNER**

<table>
<thead>
<tr>
<th>Pasta Bar V GF</th>
<th>Chef’s Choice Interactive</th>
<th>Interactive Burger Bar V</th>
<th>Stir-Fry Bar V GF</th>
<th>Beef V GF</th>
<th>BBQ Pulled Pork Burrito</th>
</tr>
</thead>
<tbody>
<tr>
<td>Moroccan Chicken Leg GF</td>
<td>Asian Style Beef Short Ribs GF</td>
<td>BBQ Baby Back Ribs</td>
<td>BBQ Chicken Wings</td>
<td>Chicken Drumsticks GF</td>
<td>Chipotle BBQ Braied Beef Rib GF</td>
</tr>
<tr>
<td>Braised Lamb Shank GF</td>
<td>Sweet Chili Chicken Breast</td>
<td>BBQ Chicken Wings</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sautéed Haddock GF</td>
<td>Sweet Potato Noodle Stir Fry</td>
<td>Italian Sausage and Fennel Bake</td>
<td>Tandoori Basa</td>
<td>Roasted Chicken Breast Adobo</td>
<td>Grilled Tofu with Bruschetta V GF</td>
</tr>
<tr>
<td>Moroccan Lemli Steew V GF</td>
<td>Kimchi Fried Rice GF</td>
<td>Quinoa Stuffed Peppers V GF</td>
<td>Navy Bean Curry with Kale V GF</td>
<td>Bean and Sweet Potato Ragout</td>
<td>Firecracker Calamari Bites</td>
</tr>
<tr>
<td>Vegetable Cous Cous Polaf V GF</td>
<td>Sticky Spicy Tofu V GF</td>
<td>Mushroom Capsue V GF</td>
<td>Saug and Panwar GF</td>
<td>Bloomed Baked Potato</td>
<td>Herbed Roasted Potatoes V GF</td>
</tr>
<tr>
<td>Mediterranean Style Potato V GF</td>
<td>Kimchi and Pork Dumplings V GF</td>
<td>Twice Baked Potato GF</td>
<td>Bombay Potato V GF</td>
<td>Skillet Chili Lime Corn V GF</td>
<td>Sautéed Button Mushrooms V GF</td>
</tr>
<tr>
<td>Roasted Butternut Squash w Zatar &amp; Parsley V GF</td>
<td>Garlic Mashed Red Skins GF</td>
<td>Green Beans V GF</td>
<td>Samosa</td>
<td>Mexican Rice</td>
<td>Mediterranean Vegetable Toss V GF</td>
</tr>
<tr>
<td>Redish and Snap Pea Squash V GF</td>
<td>Baby Bok Choy V GF</td>
<td>Roasted Squash Wedges V GF</td>
<td>Roasted Basmati Rice V GF</td>
<td>Garlic Bread</td>
<td>Mexi Beets V GF</td>
</tr>
</tbody>
</table>

**DINNER**

<table>
<thead>
<tr>
<th><em>After Eight Dining</em></th>
<th>Artisan Cheese Night</th>
<th><em>After Eight Dining</em></th>
<th><em>After Eight Dining</em></th>
<th><em>After Eight Dining</em></th>
<th><em>After Eight Dining</em></th>
</tr>
</thead>
<tbody>
<tr>
<td>Chef’s Daily Entree Feature...</td>
<td>Artisan Cheese Night</td>
<td>Chef’s Daily Entree Feature...</td>
<td>Chef’s Daily Entree Feature...</td>
<td>Chef’s Daily Entree Feature...</td>
<td>Chef’s Daily Entree Feature...</td>
</tr>
<tr>
<td>Appetizers &amp; Side Dishes</td>
<td></td>
<td>Appetizers &amp; Side Dishes</td>
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<td>Appetizers &amp; Side Dishes</td>
<td></td>
</tr>
<tr>
<td>Signature Hot Sandwich</td>
<td></td>
<td>Signature Hot Sandwich</td>
<td></td>
<td>Signature Hot Sandwich</td>
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</tr>
<tr>
<td>Daily Pizza &amp; Flatbread Feature</td>
<td></td>
<td>Daily Pizza &amp; Flatbread Feature</td>
<td></td>
<td>Daily Pizza &amp; Flatbread Feature</td>
<td></td>
</tr>
</tbody>
</table>

| Meatless Chicken Port | 54%                  | Seafood Beef Port | 9%                  | Poultry Port | 17%                  | Pork Port | 10%                  |

**SUMMARY**

- GF - GLUTEN-FREE
- V - VEGAN
- RWA - Raised WITHOUT Antibiotics

**Cycle 1 Menu Schedule 2017**

September 25 - October 1
November 6 - 12
December 18 - 24