<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steel Cut Oats V</td>
<td>Steel Cut Oats V</td>
<td>Chicken Congee V</td>
<td>Fruity Sunrise Porridge V</td>
<td>Spinach &amp; Feta Danish</td>
<td>Turkish Sausage Links V</td>
<td>Turkey Bacon GF</td>
</tr>
<tr>
<td>Sautéed Mushrooms GF</td>
<td>Carrot Cake Pancakes</td>
<td>Maple Roasted Sweet Potatoes V</td>
<td>Chorizo Skillet</td>
<td>Grilled Roma Tomatoes V</td>
<td>Greek Omelets GF</td>
<td>Greek Omelets GF</td>
</tr>
<tr>
<td>Eggs: Scrambled, Fried to order GF</td>
<td>Baked Beans V GF</td>
<td>Eggs: Scrambled, Fried to order GF</td>
<td>Eggs: Scrambled, Fried to order GF</td>
<td>Hash Brown Potatoes</td>
<td>Turkey Sausage Links V</td>
<td>Peamal Bacon GF</td>
</tr>
<tr>
<td>Ham &amp; Cheese Omelets</td>
<td>Baby Potato Pancakes</td>
<td>Chicken Breast GF</td>
<td>Israeli Flatbread</td>
<td>Mediterranean Egg White Panini</td>
<td>Ham &amp; Swiss Breakfast Panini</td>
<td>Mediterranean Egg White Panini</td>
</tr>
<tr>
<td>Turkey Pearmeal Bacon GF</td>
<td>Crispy Bacon GF</td>
<td>Turkey Bacon GF</td>
<td>Breakfast Tacos (Meat &amp; Meatless)</td>
<td>Turkish Bacon GF</td>
<td>Mediterranean Egg White Panini</td>
<td>Mediterranean Egg White Panini</td>
</tr>
<tr>
<td>Pork Sausage Patty</td>
<td>*RWA Pork Sausage Links GF</td>
<td>*RWA Pork Sausage Links GF</td>
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</tr>
<tr>
<td>Meatless Breakfast Croissant</td>
<td>Mornin’ Breakfast Wrap</td>
<td>Monte Cristo Sandwich</td>
<td>Sweet &amp; Spicy Beef &amp; Cheese</td>
<td>Chicken Parmesan Bowl</td>
<td>BBQ Pulled Turkey Rice Bowl</td>
<td>Sweet Chili Chicken GF</td>
</tr>
<tr>
<td>Turkey Pearmeal Breakfast Croissant</td>
<td>Meatless Mornin’ Breakfast Wrap</td>
<td>Cheddar and Cheese Grittuce</td>
<td>Chef's Daily Entrée Feature...</td>
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</tr>
</tbody>
</table>

**Breakfast**
- Egg Whites Available upon Request Daily

**Lunch**
- Interactive Souvlaki and Falafel
- Cod w Black Pepper and Baked Lemons GF
- Chicken Broccoli Pasta Bake GF
- Spinach Feta Twister
- Moroccan Lentil Stew V
- French Fries
- Carrots w Fresh Dill V GF
- Sauteed Zucchini V GF
- White Rice V GF
- Ginger Beef
- Pasta Bar V GF
- Vietnamese Lemongrass Chicken GF
- Tilapia with Turmeric and Dill GF
- Vietnamese Meatballs
- Sticky Spicy Tofu V GF
- Spring Roll
- Glass Noodles Japchae GF
- Buddha Delight Stir-Fried Veg V GF
- Baby Carrots V GF

**Dinner**
- Chef's Daily Entrée Feature...
- Appetizers & Side Dishes
- Signature Hot Sandwich
- Daily Pizza & Flatbread Feature

**Menu Summary**
- GF - Gluten-Free
- V - Vegan
- *RWA - Raised Without Antibiotics

**Website**
- www.residedining.uwo.ca
- hospitalityservices@uwo.ca